



theatre Y
pip...pip...play in progress

experiential drama programmes

acting
&
voice

programme brief

act one is a basic experiential learning programme that trains people to become actors.

the programme is designed to teach the basics of acting through a 'learning-by-doing' approach. they are an optimised mix of theory & practice & take an individual from solo sessions to acting with a group.

the teaching facilitates an intense & detailed understanding of the self on stage through carefully chosen exercises & role-play modules. while the programmes culminate in a group activity, a strong focus is maintained on the strengths & weaknesses of the individual. one of the ways in which they do so is by providing detailed feedback sessions to individuals & through interactive sessions of group learning.

the aim of the programme is to make the participants ready & confident for an audition in any stream of the media. by the end of act one, the actor will be equipped to undergo more intensive training, delivered through our act two programme (*to be launched soon*), while also building on their experience through practice.

concepts

- ~ practice-oriented theory
- ~ basic stage theory & applications
 - ~ physical warm-up routine
 - ~ voice warm-up routine
 - ~ applications of warm-up routines
 - ~ emotion theory & exercises
 - ~ solo acting techniques
 - ~ language & applications
- ~ developing language skills using poetry
 - ~ creative storytelling & expression
 - ~ group acting techniques
 - ~ text reading & listening; understanding & interpretation
 - ~ basics of a story and its dynamics through theory and application
- ~ storytelling techniques & exercises
 - ~ pace & space in acting
 - ~ dynamics of space & self
 - ~ camera concepts for the actor
- ~ imagination & acting - exercises & improvisations
 - ~ feedback & critique
 - ~ assessing strengths & weaknesses
- ~ group interaction & group dynamics
 - ~ final assessment & feedback

& more

employment opportunities post programme learning

- ~ casting & audition call information updates
- ~ preparation for auditions across various media
- ~ preparation of show reels
- ~ artistic career counselling and coaching
- ~ work opportunities at theatre y and sumunum for future projects
- ~ focused exploration of the various professional opportunities
- ~ artistic management programme

logistics

programme duration	the total duration of the programme is 60 hours and will be spread over 2 months, with approximately 8-10 hours per week. the batches will be conducted through the week or over the weekend. this will be scheduled on batch confirmation, and participant schedules. specific dates are subject to change based on availability and unforeseen circumstances. any organisational changes will be compensated for on another date.
who can apply	actors (beginner), writers (all levels), and communicators - anyone aged 16 and above
venue	all programmes will be conducted at the theatre y studyo in mandaveli, chennai.
batch size	we will have a maximum of 12 participants per batch. once a batch is full – your name will move onto the waitlist for the next batch.
time	the frequency and schedule will be finalised based on availability and preference of the participants.
cost	inr 60,000 per person for the full 60 hours. the price is inclusive of 18% gst.

a group chat will be created with all the members of the batch & trainers, where the schedule, or any changes to it, will be posted well in advance. participants should share any changes in their availability, circumstances or emergencies in this group, preferably with at least a 24 hours' notice. we will do our best to accommodate emergencies, but cannot promise to do so in case these scheduling changes do not work for the group.

open house?

this will be an opportunity for the participants to interact with the facilitators & team, ask questions, share expectations & perspectives, do some interactive exercises & sessions, & gain more insight into the content, nature, & structure of the programmes. our open houses are designed to be interactive spaces where participants have the opportunity to make an informed decision about their intent to join the course. lastly, these are spaces of interaction, sharing, perspectives, & a lot of fun!

how to enrol?

please send us an email with your name, email, & contact information to:

dobedo@sumunum.com

or



contact: + 91 98840 70797

 98840 70797

 theatreY

 the.at.re.y

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www.theatrey.com

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sumunum is a social enterprise aimed at improving health & wellbeing through arts-based practices. theatre Y is a wholly owned brand of sumunum that conceptualises productions, drama training programmes & applied theatre interventions. our aim is to mainstream the arts in all walks of life. we believe that creativity & imagination are agents of wellbeing that help keep individuals happier, healthier & enhance quality of life.